

# AIKIDO OF AMHERST

THOUGHTFUL VIGOROUS MARTIAL ARTS

PLEASE JOIN US FOR A SEMINAR WITH

## AARON CASS

5TH DAN, SHIDOIN  
PORTSMOUTH AIKIDO

**SATURDAY, NOVEMBER 2**

**CLASSES: 1:00-5:00 PM**

FOLLOWED BY FOOD AND FELLOWSHIP

REGISTRATION BEGINS AT 12:30 PM

SUGGESTED CONTRIBUTION: \$60

(CASH/CHECK/VENMO)

7 POMEROY LANE, AMHERST MA



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